ESSM Recent Developments

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Disclosures

I have no potential conflict of interest to disclose
Sexual health is an integral part of overall health, well-being and quality of life.

Sexual Health is multifaceted and an ongoing process of physical, psychological and sociocultural well-being related to Sexuality.

Sexual dysfunction is a common problem which affects millions of persons and their partners across all age groups.

Sexual dysfunctions usually affect quality of life, self-image, confidence and mood and quite often result in partnership and other social problems.

Sexual dysfunctions have also the ability to predict or to be comorbid with a number of Non Communicable Chronic Diseases (NCDs).
To treat patients with sexual problems adequately, HCPs must not only have profound knowledge but also show a neutral and professional attitude towards sexual issues.

There is a body of evidence that HCPs do not have adequate knowledge of Sex Med, to serve their patients with sexual complaints in a professional way.

Kristufakova A et al. Sex Med 2017
Sex Med is Unique

Characteristics of Sex Med:
- Bio-Psycho-Social
- Holistic & Open
- Multidisciplinary
- Patient & Couple centered
- Evidence-Based

Sex Med is not a recognized specialty
- No curriculum,
- No defined education
- No defined training program
- No qualified standard for academic teachers
The Journey to Become a Professional in Sex Med?

- Prepare suitcase
- Travel book for orientation
- Travel Docs
- Toiletry bag and Cloths
- Devices and Charger
- The approach
  - Patient-centered framework, Evidence-based
- Bio-Psycho-Social Model
- Clear CV, Diploma, specialization, training and certification
- Supervision, InterVision, Multidisciplinary
- Network

HOW TO PACK THINGS = YOUR COMPETENCE

KEEP THEM UPDATE

- structured curriculum
- assessment

**KNOWLEDGE**

- structured approach
- technical and non-technical skills

**SKILLS**

- decision making, communication and leadership
- CME/CPD

**PROFESSIONALISM**

Center/supervisor with accreditation

National and European Education Providers

Training & Intervision UEMS/ESSM/EFS/ ...
Greatest need is for patients who may not identify with the dominant culture and/or “culture” of their physician

- Sexual Orientation
- Gender Identity
- Race/Ethnicity
- Religion
- Disability
- Sexual Practice
- Demographics (e.g. age, gender, health status)
To Keep Bright Future for Sex Med

- Bridges between generations
- Collaboration with different societies, institutions and policy makers
- Need for structure in:
  1. education
  2. certification
  3. recognition and acceptance
  4. formulation of health care
  5. EB Sex Med
YoSeMA

- Promote sexual medicine among young clinicians from multi-disciplines
- Increase knowledge and skills
- Guaranty the future of the society and the profession
- Building bridge between residents and young scientists and established specialists
- Defining needs among young sexual medicine specialists
Why some changes:
- Improvement
- Large waiting lists in the last 3 years
- Comments from participants

SM school (45 pax)
- Less than 5 years in SM
- No specific training in SM/CS
- Need to refresh knowledge
- Willing to take the exams
- New to biopsychosocial approach

Advanced SM course (25 pax)
- More than 5 years in SM
- Attended specific training in SM/CS or ESSM school
- Need for clinical improvement
- Work in multidisciplinary team
- Need to broaden their background in SM
- FECSM or ECPS
MJCSM AND ESSM PETITION ON SEXUAL MEDICINE TO THE EUROPEAN PARLIAMENT

EUROPEAN PARLIAMENT AND EUROPEAN UNIVERSITY AUTHORITIES

THIS PETITION ADVOCATES THE NEED OF ALL STUDENTS OF THE EUROPEAN PSYCHOLOGICAL FACULTIES TO RECEIVE SPECIFIC EDUCATION IN SEXUAL HEALTH AND SEXOLOGY BY THE NEXT POSSIBLE ACADEMIC YEAR.

• In order to improve sexual health through the prevention, diagnosis, treatment and rehabilitation of conditions or diseases that involve gender identity, sexual function, sexual and/or partnership experience and behaviour, and sexual trauma and its consequences;

• Integral and obligatory part of the core curriculum for students in all european medical/psychological faculties;

• Establishing sexology/Sex Med in the core curriculum of psychology/medicine sub-specialisations

• Define standards of qualifications for academic teachers in the field.
ESSM Academy of Genital Surgery

Be sure surgeons master the novel operation techniques prior to performing them on their patients

HCP = COMPETENCE
➢ WORKING ON OUR MISSION!

To promote SEXUAL HEALTH and the highest standards of EVIDENCE BASED SEXUAL MEDICINE clinical care through EDUCATION, RESEARCH and the FORMULATION OF HEALTH CARE.

➢ SEX MED AS RECOGNIZED HEALTH CARE PROFESSION