SEXUAL HEALTH NEEDS OF PROSTATE CANCER PATIENTS AFTER CANCER TREATMENT: A KENYAN PERSPECTIVE

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NO DISCLOSURES
KENYA FACTS

- Population: 52 million
- Counties: 47 Counties
- Faith: 70% classified as Christians (Catholic & Protestant)
FARAJA CANCER SUPPORT TRUST

ABOUT US
With over 40,000 new cases diagnosed annually, finding a safe haven for cancer patients and their carers is very important. That is why Faraja Cancer Support Trust offers services to complement medical treatment through our free complementary therapies, support group meetings and financial assistance. We have a place, a safe haven for cancer patients to access our free services which has enabled us to make a positive influence in the journey of over 2000 cancer patients. We are sustainable and are here for a long time. The bottom line is we bring help, hope and life. Faraja Cancer Support Trust was registered at the Ministry of Lands as a charitable trust in 2010.

Giving Hope...Help...Life

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Help. Life. Hope.
DO AFRICAN MEN WHO HAVE GONE THROUGH PROSTATE CANCER TREATMENT HAVE SEXUAL NEEDS?

YES  NO
Men with prostate cancer in Africa are like a lion without strength. The treatment modalities used do address their sexual needs.

(RP, RT, ADT combined)
PROSTATE CANCER FACTS IN KENYA

• 38 Urologists, 18 are based at the capital Nairobi (6.5 million).
• 1 Public hospital with radiotherapy treatment facility.
• 5 Public hospitals with radiotherapy facility (80% of population cannot afford private facilities).
CANCER SCENE IN KENYA

• Cancer ranks third cause of death after infectious diseases and cardiovascular diseases.
• Annual incidence of cancer is about 37,000 cases with annual mortality of 28,000.
• 80-90% of cancer cases diagnosed in late stage.
Estimated number of new cases in 2018, Kenya, all cancers, both sexes, all ages

- Breast: 5,985 (12.5%)
- Cervix uteri: 5,250 (11%)
- Other cancers: 23,013 (48.1%)
- Oesophagus: 4,380 (9.1%)
- Prostate: 2,864 (6%)
- Colorectum: 2,316 (4.8%)
- Stomach: 2,127 (4.4%)
- NHL: 1,952 (4.1%)

Total: 47,887
Estimated number of incident cases and deaths Kenya, both sexes, all ages

- Breast
- Cervix uteri
- Oesophagus
- Prostate
- Colorectum
- Stomach
- Non-Hodgkin lymphoma
- Kaposi sarcoma
- Leukaemia
- Liver

Data source: Globocan 2018
Graph production: Global Cancer Observatory (http://gco.iarc.fr)
KENYA PROSTATE CANCER SUPPORT ASSOCIATION

• Association meets monthly for continued education on side effects of treatment.
CHALLENGES FACING MEN AFTER CANCER TREATMENT

- Family support.
- Lack of skilled post treatment sex therapists.
- Urologists & oncologists do not talk about sexual dysfunctions.
- The gap in sexual dysfunction is filled by quacks masquerading as sex therapists.
- Lack of training opportunities despite growing interest in the discipline.
- Paucity of research in sexual needs of cancer patients.
Solution! Solution! Solution! Men, are you suffering from sex related issues;
✓ Erectile Dysfunction
✓ Low libido
✓ Premature ejaculation
✓ Low sp... See more
PROSTATE CANCER survivor. Testimony. The man above is a Survivor of prostate cancer. He was advised to undergo surgery which he refused and asked the Doctors for time to seek other methods of treatment. He got just 2 bottles. After 1 month he went back to the Hospital for screening once again to see whether there was any improvements. The Doctors where impressed with the results. Today there is no trace of the diseases in his system. His
DO AFRICAN MEN WHO HAVE GONE THROUGH PROSTATE CANCER HAVE SEXUAL NEEDS?

YES  NO
IF YOU WANT TO GO FAST GO ALONE.
IF YOU WANT TO GO FAR, GO TOGETHER
ASANTE SANA - EROKAMANO